

ASSESSMENT

Character and Resiliency Education Grades 3-5

#	Question	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
1	I stay calm and focused when doing my schoolwork.	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
2	I have many good ideas.	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
3	When I have a problem at school I am good at figuring out what to do.	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
4	I think things through before I act.	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
5	I can concentrate in class for long periods of time.	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
6	I am well behaved at school.	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
7	When I am excited, I can still manage to sit still and listen.	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
8	When I am upset about something, I am more careful about what I say or do.	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
9	When another kid is upset, I can normally understand why they are feeling that way.	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree

#	Question	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
10	I avoid behaviors that could lead to other people getting hurt.	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
11	I have a good sense of what other people are feeling.	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
12	I am a good team member.	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
13	My teachers would say that I make good decisions.	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
14	I am better at being safe than other kids in my class.	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
15	I am good at controlling my feelings during a test or exam.	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
16	I am sure about how to behave in most situations.	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
17	I am confident that I can deal with problems in my life.	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
18	I like who I am as a person.	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
19	My teachers would describe me as someone who is very helpful.	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
20	I ask for help when I need it.	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
21	I can tell when I have hurt someone's feelings.	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree

#	Question	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
22	I can tell if someone that I am talking to is bored.	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
23	I know how to stop arguments with other kids from getting out of hand.	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
24	I can calm myself down if I feel stressed at school.	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
25	I get along well with other kids.	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
26	I will be happy and successful in my life.	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
27	I apologize when I accidentally hurt someone.	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
28	I am good at learning new things.	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
29	I can keep my emotions under control.	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
30	I like practicing new things that I have learned.	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
31	My teacher thinks that I have good manners.	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
32	It bothers me when other kids break school rules.	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
33	In class I know how to describe my ideas very clearly.	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree

#	Question	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
34	I avoid doing things that are dangerous.	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
35	I know how my teachers expect me to behave.	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
36	I think carefully about all my options when I have to make a decision.	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
37	I feel sorry for kids who seem to be sad or unhappy about something.	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
38	I am confident that I can do what is being asked of me at school.	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
39	I am very good at telling what other kids are feeling.	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
40	I am careful about how I act when I am angry or upset.	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
41	When I feel sad or angry I understand why I feel that way.	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
42	I listen carefully when my teachers explain something to the class.	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
43	I have a lot to contribute to my class.	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
44	I am a good listener.	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
45	I work very well with other students.	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree